



Region IV Level 8-10 Championships
April 12-14, 2019
Bettendorf, Iowa



- Host Club: Midwest Twisters Gymnastics, WI
(414) 425-4655
Email: Regionals2019@MidwestTwisters.com
- Meet Directors: Kathy Nelson email: Kathy@MidwestTwisters.com
Rick Nelson email: Rick@MidwestTwisters.com
Jack Nettesheim email: Jack@MidwestTwisters.com
- Competition Site: **TBK Sports Complex**
4850 Competition Drive
Bettendorf, IA 52722
563-723-play
- Airports: Quad City International Airport – Moline, IA
Davenport Municipal Airport – Davenport, IA
- Host hotel: Isle Casino & Hotel
1777 Isle Parkway
Bettendorf, IA

Rooms Single-Double: \$109.99
- Additional Hotels available on our website at
<http://www.high5meets.com/usag-regionals-2019/>
- Rates: Admission: \$20 per day adult \$15 for children 5-12 & seniors
\$35 two days \$25 for children 5-12 & seniors
\$45 three days \$35 for children 5-12 & seniors
* Children under 5 FREE
Meet Program: \$ 5.00
Meet Site Parking: FREE
- Merchandise: Event T-shirts & Official Regional attire can be
purchased at the Gym Treasures booth or online at
www.GymTreasures.com



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Entry Form: Register athletes and coaches on USA Gym Meet Reservation system. There will be a \$100 per coach onsite registration charge. Turn in a hard copy of the meet entry along with your payment to your State Director at the end of your State Meet.

State Chairman MUST overnight ALL entries Monday morning to:

Midwest Twisters
11227 W. Forest Home Avenue
Franklin, WI 53132

Entry Fee(s): Entry fee is \$125 per gymnast. ALL fees must be submitted along with entry form. Level 8 gymnasts receiving a 34.00+AA at their state meet and intend to compete at regionals, must be paid for on entry. Event Specialist, level 9 or 10, must also be paid for on entry.

Make checks payable to **Midwest Twisters**. Pay with **ONLY** one check per club.

Equipment: AAI Elite Equipment and boards at each event
Modified Traditional Levels 8, 9 & 10

Age Groups: Age groups are set nationally by USA Gymnastics for Level 9/10. They will be available prior to state meets and posted on the regional website.

Schedule: Schedule by age groups will be posted on the regional website.

Competition times: Will be posted on the regional website.

Competitive Schedule

Friday, April 12, 2019	Level 10 & 9
Saturday, April 13, 2019	Level 9 & 8
Sunday, April 14, 2019	Level 8

**Continue to check the website for updates! Times WILL change based on final numbers*

**Additional level 8 sessions maybe added to Saturday based on number of athletes entered.*



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- Petition Form:** If you need to petition an athlete, please visit the following website for instructions and procedures.
- Coaches Packets:** Packets will be available at the scoring table.
- USAG Cards:** You will be asked to show your current USAG Pro-member card at sign-in. Please be prepared to show identification and your USAG card.
- Scores:** Scores will be posted following completion of each session and available online.
- Awards:** Individual and All-Around awards will be presented to each Age Group following each competitive session. There will also be team awards given to the top 3 state teams at each level. Awards will follow the rules and policies requirements but will go out at least 50% in each age group as dictated by the regional board.
- IMPORTANT:** Western and National Qualifiers: ALL gymnasts and coaches qualifying for Western Championships or Nationals MUST be sized for official Region IV Apparel.

*Gymnasts need to be sized immediately following their competitive session.

*Coaches must be sized by 5:00pm on Saturday, April 13, 2019.

*Sizing area is behind awards area.

REMINDER! ALL Western and National qualifiers need to fill out the entry packet in full and return to the scoring table with payment.

**Failure to register and pay could result in your athletes not being registered for the competitions.*

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2019 GRADUATING SENIORS

Coaches: Please fill out the information below and mail with your entry form to Midwest Twisters Gymnastics. Special recognition will be given to all the graduating seniors after their competitive season.

Gymnast Name: _____

Level: _____ Started Gymnastics at Age: _____

Club: _____

Coached By: _____

Accomplishments:

Future Plans:
