



**Region IV Level 8-10 Championships**  
**April 17-19, 2020**  
**Bettendorf, Iowa**  
Same site as 2019



Host Club: Midwest Twisters Gymnastics, WI  
(414) 425-4655  
Email: Regionals@MidwestTwisters.com

Meet Directors: Kathy Nelson email: Kathy@MidwestTwisters.com  
Rick Nelson email: Rick@MidwestTwisters.com  
Jack Nettesheim email: Jack@MidwestTwisters.com

Competition Site: **TBK Sports Complex**  
4850 Competition Drive  
Bettendorf, IA 52722  
**563-723-play**

Airports: Quad City International Airport – Moline, IA  
Davenport Municipal Airport – Davenport, IA

Host hotel: TBA

Additional Hotels available on our website at <http://www.high5meets.com>

Rates: Admission: \$20 per day adult \$15 for children 5-12 & seniors  
\$35 two days \$25 for children 5-12 & seniors  
\$45 three days \$35 for children 5-12 & seniors  
\* Children under 5 FREE  
Meet Program: \$ 5.00  
Meet Site Parking: FREE

Merchandise: Event T-shirts & Official Regional attire can be purchased at the Gym Treasures booth or online at [www.GymTreasures.com](http://www.GymTreasures.com)



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Entry Form: Register athletes and coaches on USA Gym Meet Reservation system. There will be a \$100 per coach onsite registration charge. Turn in a hard copy of the meet entry along with your payment to your State Director at the end of your State Meet.

State Chairman MUST overnight ALL entries Monday morning to:

**Midwest Twisters**  
**11227 W. Forest Home Avenue**  
**Franklin, WI 53132**

Entry Fee(s): Entry fee is \$135 per gymnast. ALL fees must be submitted along with entry form. Level 8 gymnasts receiving a 34.00+AA at their state meet and intend to compete at regionals, must be paid for on entry. Event Specialists must also be paid for on entry.

Make checks payable to **Midwest Twisters**. Pay with ONLY one check per club.

Equipment: AAI Elite Equipment and boards at each event  
Modified Traditional Levels 8, 9 & 10

Age Groups: Age groups are set nationally by USA Gymnastics for Level 9/10. They will be available prior to state meets and posted on the regional website.

Schedule: Schedule by age groups will be posted on the regional website.

Competition times: Will be posted on the regional website.

Competitive Schedule

Friday, April 17, 2020	Level 10 & 9
Saturday, April 18, 2020	Level 9 & 8
Sunday, April 19, 2020	Level 8

*\*Continue to check the website for updates! Times WILL change based on final numbers*  
*\*Additional level 8 sessions maybe added to Saturday based on number of athletes entered.*



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- Petition Form:** If you need to petition an athlete, please visit the following website for instructions and procedures.
- Coaches Packets:** Packets will be available at the scoring table.
- USAG Cards:** You will be asked to show your current USAG Pro-member card at sign-in. Please be prepared to show identification and your USAG card.
- Scores:** Scores will be posted following completion of each session and available online.
- Awards:** Individual and All-Around awards will be presented to each Age Group following each competitive session. There will also be team awards given to the top 3 state teams at each level. Awards will follow the rules and policies requirements but will go out at least 40% in each age group as dictated by the regional board.
- IMPORTANT:** Western and National Qualifiers: ALL gymnasts and coaches qualifying for Western Championships or Nationals MUST be sized for official Region IV Apparel.

\*Gymnasts need to be sized immediately following their competitive session.

\*Coaches must be sized by 5:00pm on Saturday, April 18, 2020.

\*Sizing area is behind awards area.

**REMINDER!** ALL Western and National qualifiers need to fill out the entry packet in full and return to the scoring table with payment.

*\*Failure to register and pay could result in your athletes not being registered for the competitions.*

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**2020 GRADUATING SENIORS**

Coaches: Please fill out the information below and email with your entry form to Kathy@MidwestTwisters.com. Special recognition will be given to all the graduating seniors after their competitive season.

Gymnast Name: \_\_\_\_\_

Level: \_\_\_\_\_ Started Gymnastics at Age: \_\_\_\_\_

Club: \_\_\_\_\_

Coached By: \_\_\_\_\_

Accomplishments:

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Future Plans:

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