



# Rolling Thunder Invite

**January 29-31, 2021**

## **COVID PROCEDURES COACHES & ATHLETES**

- Masks are required at all times.
- Athletes will be allowed to remove their mask ONLY while on the equipment.
- Practice social distancing.
- If you have any Covid symptoms please do not attend.
- 100% Refund until January 28, 2021.
- Athletes need to bring their own:
  - Chalk
  - Spray bottles
  - Brushes for bars
  - Hand sanitizer
- We are unable to serve food for the coaches this year.
- No score cards will be used. Line up verifications will be used. You will write down your athlete's order.
- To lower the number of people in the facility coaches will be asked to:
  - Play your own music for Optionals and Xcel.
  - Time their own bar, beam and vault warm ups.
- Due to Covid, we need to ask all athletes and spectators to exit immediately after the session.