

R5 Insider 2021

Session Summary

Feb 26 - Mar 1, 2021

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|---------------------------|-------|------------|------------------------|-------|----------------------|--|------------------|--|
| Friday, February 26, 2021 | | | Session: B01 | | Open Warmup 8:00 AM | | March In 8:20 AM | |
| Level 8 | | | # Gymnasts 61 | | Timed Warmup 8:20 AM | | Awards 11:00 AM | |
| Flight A (31 gymnasts) | | | Flight B (30 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| All Starz Gymnastics | 8 | 8 | EuroStars Gymnastics | 8 | 7 | | | |
| Champion CGA2 | 8 | 3 | GTC Rochester | 8 | 3 | | | |
| Flip Star | 8 | 12 | Indy Star Gymnastics | 8 | 5 | | | |
| GJGC Gym-Jester | 8 | 1 | Lake Erie Gymnastics | 8 | 2 | | | |
| GTC-Indiana | 8 | 6 | The Flip Zone | 8 | 7 | | | |
| GymTactics | 8 | 1 | Universal Gymnastics | 8 | 6 | | | |

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|---------------------------|-------|------------|------------------------|-------|-----------------------|--|-------------------|--|
| Friday, February 26, 2021 | | | Session: B02 | | Open Warmup 12:00 PM | | March In 12:20 PM | |
| Level 8 | | | # Gymnasts 55 | | Timed Warmup 12:20 PM | | Awards 3:00 PM | |
| Flight A (27 gymnasts) | | | Flight B (28 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| Cincinnati CGA | 8 | 9 | Five-Star Gymnastics | 8 | 10 | | | |
| Gym America | 8 | 4 | Flytz Gymnastics | 8 | 3 | | | |
| Michigan Elite | 8 | 14 | GJGC Gym-Jester | 8 | 2 | | | |
| | | | Midwest Twisters WI | 8 | 1 | | | |
| | | | Renzi Gymnastics | 8 | 2 | | | |
| | | | Splitz | 8 | 6 | | | |
| | | | TOPS | 8 | 2 | | | |
| | | | Tumble U Gymnastics | 8 | 1 | | | |
| | | | Zanesville Gym | 8 | 1 | | | |

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|---------------------------|-------|------------|---------------|--|------------------------|-------|------------------|--|
| Friday, February 26, 2021 | | | Session: B03 | | Open Warmup 4:00 PM | | March In 4:20 PM | |
| Level 9 | | | # Gymnasts 48 | | Timed Warmup 4:20 PM | | Awards 7:00 PM | |
| Flight A (25 gymnasts) | | | | | Flight B (23 gymnasts) | | | |
| Gym | Level | # Gymnasts | | | Gym | Level | # Gymnasts | |
| All Starz Gymnastics | 9 | 3 | | | Flip Star | 9 | 1 | |
| Cincinnati CGA | 9 | 11 | | | Flytz Gymnastics | 9 | 7 | |
| Flip Star | 9 | 5 | | | GTC-Indiana | 9 | 6 | |
| Lake Erie Gymnastics | 9 | 6 | | | Gym America | 9 | 9 | |

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|---------------------------|-------|---------------|----------------------|------------------|
| Friday, February 26, 2021 | | Session: B04 | Open Warmup 7:30 PM | March In 7:45 PM |
| Diamond | | # Gymnasts 19 | Timed Warmup 7:45 PM | Awards 9:15 PM |
| Gym | Level | # Gymnasts | | |
| Cincinnati CGA | XD | 3 | | |
| Gym America | XD | 8 | | |
| GymTactics | XD | 2 | | |
| Michigan Elite | XD | 2 | | |
| Renzi Gymnastics | XD | 3 | | |
| Zanesville Gym | XD | 1 | | |

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| Saturday, February 27, 2021 | | | Session: B05 | | Open Warmup 8:00 AM | | March In 8:15 AM | |
| Level 2 & Bronze | | | # Gymnasts 59 | | Timed Warmup 8:15 AM | | Awards 10:00 AM | |
| Flight A (29 gymnasts) | | | Flight B (30 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| EuroStars Gymnastics | 2 | 11 | Five-Star Gymnastics | 2 | 11 | | | |
| TOPS | 2 | 8 | Zanesville Gym | 2 | 12 | | | |
| Zanesville Gym | 2 | 10 | Zanesville Gym | XB | 7 | | | |

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|-----------------------------|-------|------------|------------------------|-------|-----------------------|--|-------------------|--|
| Saturday, February 27, 2021 | | | Session: B06 | | Open Warmup 11:00 AM | | March In 11:20 AM | |
| Level 9 | | | # Gymnasts 45 | | Timed Warmup 11:20 AM | | Awards 2:00 PM | |
| Flight A (20 gymnasts) | | | Flight B (25 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| EuroStars Gymnastics | 9 | 3 | Perfection | 9 | 15 | | | |
| GymTactics | 9 | 5 | Splitz | 9 | 4 | | | |
| Michigan Elite | 9 | 12 | The Flip Zone | 9 | 6 | | | |

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| Saturday, February 27, 2021 | | | Session: B07 | | | Open Warmup 2:45 PM | | | March In 3:05 PM | | |
| Level 9 & 10 | | | # Gymnasts 50 | | | Timed Warmup 3:05 PM | | | Awards 5:45 PM | | |
| Flight A (26 gymnasts) | | | | | | Flight B (24 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | | | | Gym | Level | # Gymnasts | | | |
| Flip Star | 10 | 1 | | | | Cincinnati CGA | 10 | 7 | | | |
| Flytz Gymnastics | 10 | 2 | | | | Five-Star Gymnastics | 10 | 1 | | | |
| GTC Rochester | 10 | 2 | | | | Flip Star | 10 | 2 | | | |
| GTC Rochester | 9 | 3 | | | | Indy Star Gymnastics | 9 | 2 | | | |
| GTC-Indiana | 10 | 3 | | | | Midwest Twisters WI | 9 | 3 | | | |
| Hartland Gym Academy | 10 | 1 | | | | Renzi Gymnastics | 9 | 2 | | | |
| Infinity Gymnastics | 9 | 1 | | | | TOPS | 10 | 1 | | | |
| Perfection | 10 | 6 | | | | TOPS | 9 | 2 | | | |
| The Flip Zone | 10 | 7 | | | | Zanesville Gym | 10 | 2 | | | |
| | | | | | | Zanesville Gym | 9 | 2 | | | |

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| Saturday, February 27, 2021 | | | Session: B08 | | Open Warmup 6:30 PM | | March In 6:50 PM | |
| Level 10 | | | # Gymnasts 45 | | Timed Warmup 6:50 PM | | Awards 9:30 PM | |
| Flight A (22 gymnasts) | | | Flight B (23 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| Cincinnati CGA | 10 | 8 | Gym America | 10 | 9 | | | |
| EuroStars Gymnastics | 10 | 3 | Michigan Elite | 10 | 6 | | | |
| Midwest Twisters WI | 10 | 2 | Universal Gymnastics | 10 | 8 | | | |
| Perfection | 10 | 9 | | | | | | |

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| Sunday, February 28, 2021 | | | Session: B09 | | | Open Warmup 8:45 AM | | | March In 9:05 AM | | |
| Level 6 | | | # Gymnasts 56 | | | Timed Warmup 9:05 AM | | | Awards 11:15 AM | | |
| Flight A (25 gymnasts) | | | | | | Flight B (31 gymnasts) | | | | | |
| Gym | | Level | # Gymnasts | Gym | | Level | # Gymnasts | Gym | | Level | # Gymnasts |
| Flytz Gymnastics | | 6 | 6 | Champion CGA2 | | 6 | 2 | Cincinnati CGA | | 6 | 20 |
| Gym America | | 6 | 7 | GymTactics | | 6 | 9 | | | | |
| Indy Star Gymnastics | | 6 | 3 | | | | | | | | |
| Zanesville Gym | | 6 | 9 | | | | | | | | |

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| Sunday, February 28, 2021 | | | Session: B10 | | Open Warmup 12:15 PM | | March In 12:35 PM | |
| Level 6 | | | # Gymnasts 57 | | Timed Warmup 12:35 PM | | Awards 2:45 PM | |
| Flight A (29 gymnasts) | | | Flight B (28 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| GTC-Indiana | 6 | 10 | Five-Star Gymnastics | 6 | 5 | | | |
| Michigan Elite | 6 | 12 | GJGC Gym-Jester | 6 | 1 | | | |
| The Flip Zone | 6 | 7 | GTC Rochester | 6 | 5 | | | |
| | | | Perfection | 6 | 10 | | | |
| | | | The Flip Zone | 6 | 7 | | | |

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|---------------------------|-------|------------|---------------|--|------------------------|-------|------------------|--|
| Sunday, February 28, 2021 | | | Session: B11 | | Open Warmup 3:45 PM | | March In 4:05 PM | |
| Level 6 | | | # Gymnasts 51 | | Timed Warmup 4:05 PM | | Awards 6:15 PM | |
| Flight A (22 gymnasts) | | | | | Flight B (29 gymnasts) | | | |
| Gym | Level | # Gymnasts | | | Gym | Level | # Gymnasts | |
| EuroStars Gymnastics | 6 | 16 | | | Lake Erie Gymnastics | 6 | 8 | |
| Tumble U Gymnastics | 6 | 6 | | | PowerHouse | 6 | 5 | |
| | | | | | TOPS | 6 | 16 | |

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|---------------------------|-------|------------|------------------------|-------|----------------------|--|------------------|--|
| Friday, February 26, 2021 | | | Session: S01 | | Open Warmup 8:45 AM | | March In 9:00 AM | |
| Platinum | | | # Gymnasts 58 | | Timed Warmup 9:00 AM | | Awards 11:30 AM | |
| Flight A (28 gymnasts) | | | Flight B (30 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| Cincinnati CGA | XP | 5 | Cincinnati CGA | XP | 5 | | | |
| Flytz Gymnastics | XP | 6 | Five-Star Gymnastics | XP | 4 | | | |
| Gym America | XP | 6 | GJGC Gym-Jester | XP | 2 | | | |
| GymTactics | XP | 1 | Infinity Gymnastics | XP | 4 | | | |
| Renzi Gymnastics | XP | 7 | Michigan Elite | XP | 7 | | | |
| Splitz | XP | 3 | Renzi Gymnastics | XP | 5 | | | |
| | | | Zanesville Gym | XP | 3 | | | |

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| Friday, February 26, 2021 | | | Session: S02 | | Open Warmup 12:30 PM | | March In 12:45 PM | |
| Silver | | | # Gymnasts 68 | | Timed Warmup 12:45 PM | | Awards 2:30 PM | |
| Flight A (28 gymnasts) | | | | | Flight B (40 gymnasts) | | | |
| Gym | Level | # Gymnasts | | | | Gym | Level | # Gymnasts |
| GymTactics | XS | 2 | | | | GTC Rochester | XS | 9 |
| Infinity Gymnastics | XS | 7 | | | | Hartland Gym Academy | XS | 20 |
| Michigan Elite | XS | 19 | | | | Renzi Gymnastics | XS | 11 |

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| Friday, February 26, 2021 | | | Session: S03 | | Open Warmup 3:30 PM | | March In 3:45 PM | |
| Silver | | | # Gymnasts 65 | | Timed Warmup 3:45 PM | | Awards 5:30 PM | |
| Flight A (30 gymnasts) | | | | | Flight B (35 gymnasts) | | | |
| Gym | Level | # Gymnasts | | | Gym | Level | # Gymnasts | |
| Gym America | XS | 11 | | | Cincinnati CGA | XS | 18 | |
| Michigan Elite | XS | 9 | | | Five-Star Gymnastics | XS | 17 | |
| Splitz | XS | 10 | | | | | | |

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| Friday, February 26, 2021 | | | Session: S04 | | Open Warmup 6:30 PM | | March In 6:45 PM | |
| Gold | | | # Gymnasts 59 | | Timed Warmup 6:45 PM | | Awards 8:45 PM | |
| Flight A (27 gymnasts) | | | Flight B (32 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| All Starz Gymnastics | XG | 4 | Cincinnati CGA | XG | 7 | | | |
| Five-Star Gymnastics | XG | 14 | GTC Rochester | XG | 8 | | | |
| GymTactics | XG | 3 | Renzi Gymnastics | XG | 6 | | | |
| Infinity Gymnastics | XG | 6 | Splitz | XG | 10 | | | |
| | | | Tumble U Gymnastics | XG | 1 | | | |

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| Saturday, February 27, 2021 | | | Session: S05 | | Open Warmup 8:30 AM | | March In 8:45 AM | |
| Gold | | | # Gymnasts 56 | | Timed Warmup 8:45 AM | | Awards 10:45 AM | |
| Flight A (28 gymnasts) | | | Flight B (28 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| Cincinnati CGA | XG | 18 | Gym America | XG | 11 | | | |
| GJGC Gym-Jester | XG | 5 | Michigan Elite | XG | 11 | | | |
| Renzi Gymnastics | XG | 5 | Renzi Gymnastics | XG | 6 | | | |

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|-----------------------------|-------|------------|------------------------|-------|-----------------------|--|-------------------|--|
| Saturday, February 27, 2021 | | | Session: S06 | | Open Warmup 11:45 AM | | March In 12:05 PM | |
| Level 7 | | | # Gymnasts 50 | | Timed Warmup 12:05 PM | | Awards 2:15 PM | |
| Flight A (24 gymnasts) | | | Flight B (26 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| Gym America | 7 | 9 | Flytz Gymnastics | 7 | 9 | | | |
| Indy Star Gymnastics | 7 | 8 | Hartland Gym Academy | 7 | 4 | | | |
| Infinity Gymnastics | 7 | 3 | Universal Gymnastics | 7 | 13 | | | |
| Zanesville Gym | 7 | 4 | | | | | | |

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|-----------------------------|--|-------|---------------|--|--|------------------------|--|-------|------------------|--|--|
| Saturday, February 27, 2021 | | | Session: S07 | | | Open Warmup 3:15 PM | | | March In 3:35 PM | | |
| Level 7 | | | # Gymnasts 51 | | | Timed Warmup 3:35 PM | | | Awards 5:45 PM | | |
| Flight A (23 gymnasts) | | | | | | Flight B (28 gymnasts) | | | | | |
| Gym | | Level | # Gymnasts | | | Gym | | Level | # Gymnasts | | |
| All Starz Gymnastics | | 7 | 9 | | | Cincinnati CGA | | 7 | 19 | | |
| Champion CGA2 | | 7 | 2 | | | Perfection | | 7 | 9 | | |
| EuroStars Gymnastics | | 7 | 6 | | | | | | | | |
| GTC-Indiana | | 7 | 6 | | | | | | | | |

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|-----------------------------|-------|------------|------------------------|-------|----------------------|--|------------------|--|
| Saturday, February 27, 2021 | | | Session: S08 | | Open Warmup 6:45 PM | | March In 7:05 PM | |
| Level 7 | | | # Gymnasts 57 | | Timed Warmup 7:05 PM | | Awards 9:15 PM | |
| Flight A (27 gymnasts) | | | Flight B (30 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| GTC Rochester | 7 | 8 | Five-Star Gymnastics | 7 | 3 | | | |
| GymTactics | 7 | 3 | Michigan Elite | 7 | 7 | | | |
| Lake Erie Gymnastics | 7 | 3 | Splitz | 7 | 4 | | | |
| Michigan Elite | 7 | 7 | The Flip Zone | 7 | 16 | | | |
| TOPS | 7 | 6 | | | | | | |

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|---------------------------|-------|------------|------------------------|-------|----------------------|--|------------------|--|
| Sunday, February 28, 2021 | | | Session: S09 | | Open Warmup 8:00 AM | | March In 8:15 AM | |
| Level 5 | | | # Gymnasts 71 | | Timed Warmup 8:15 AM | | Awards 10:30 AM | |
| Flight A (40 gymnasts) | | | Flight B (31 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | Gym | Level | # Gymnasts | | | |
| EuroStars Gymnastics | 5 | 6 | Five-Star Gymnastics | 5 | 6 | | | |
| GTC Rochester | 5 | 5 | Perfection | 5 | 7 | | | |
| GTC-Indiana | 5 | 6 | The Flip Zone | 5 | 7 | | | |
| Hartland Gym Academy | 5 | 4 | Universal Gymnastics | 5 | 11 | | | |
| Michigan Elite | 5 | 13 | | | | | | |
| The Flip Zone | 5 | 6 | | | | | | |

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|---------------------------|-------|------------|---------------|--|--|------------------------|-------|------------|-------------------|--|--|
| Sunday, February 28, 2021 | | | Session: S10 | | | Open Warmup 11:30 AM | | | March In 11:45 AM | | |
| Level 4 | | | # Gymnasts 62 | | | Timed Warmup 11:45 AM | | | Awards 1:45 PM | | |
| Flight A (30 gymnasts) | | | | | | Flight B (32 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | | | | Gym | Level | # Gymnasts | | | |
| Gym America | 4 | 13 | | | | Hartland Gym Academy | 4 | 5 | | | |
| PowerHouse | 4 | 8 | | | | Tumble U Gymnastics | 4 | 9 | | | |
| Zanesville Gym | 4 | 9 | | | | Universal Gymnastics | 4 | 18 | | | |

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|---------------------------|-------|------------|---------------|--|--|------------------------|-------|------------|------------------|--|--|
| Sunday, February 28, 2021 | | | Session: S11 | | | Open Warmup 2:45 PM | | | March In 3:00 PM | | |
| Level 4 | | | # Gymnasts 63 | | | Timed Warmup 3:00 PM | | | Awards 5:00 PM | | |
| Flight A (30 gymnasts) | | | | | | Flight B (33 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | | | | Gym | Level | # Gymnasts | | | |
| Cincinnati CGA | 4 | 18 | | | | GTC Rochester | 4 | 9 | | | |
| The Flip Zone | 4 | 12 | | | | GTC-Indiana | 4 | 6 | | | |
| | | | | | | Michigan Elite | 4 | 18 | | | |

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|---------------------------|-------|------------|---------------|--|--|------------------------|-------|------------|------------------|--|--|
| Sunday, February 28, 2021 | | | Session: S12 | | | Open Warmup 6:00 PM | | | March In 6:15 PM | | |
| Level 4 | | | # Gymnasts 63 | | | Timed Warmup 6:15 PM | | | Awards 8:15 PM | | |
| Flight A (28 gymnasts) | | | | | | Flight B (35 gymnasts) | | | | | |
| Gym | Level | # Gymnasts | | | | Gym | Level | # Gymnasts | | | |
| Cincinnati CGA | 4 | 9 | | | | GymTactics | 4 | 8 | | | |
| Five-Star Gymnastics | 4 | 3 | | | | Michigan Elite | 4 | 8 | | | |
| TOPS | 4 | 16 | | | | Perfection | 4 | 19 | | | |

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| Monday, March 1, 2021 | | | Session: S14 | | | Open Warmup 8:00 AM | | | March In 8:15 AM | | |
| Level 3 | | | # Gymnasts 63 | | | Timed Warmup 8:15 AM | | | Awards 10:00 AM | | |
| Flight A (30 gymnasts) | | | | | | Flight B (33 gymnasts) | | | | | |
| Gym | | Level | # Gymnasts | | | Gym | | Level | # Gymnasts | | |
| Michigan Elite | | 3 | 15 | | | EuroStars Gymnastics | | 3 | 11 | | |
| Universal Gymnastics | | 3 | 15 | | | Five-Star Gymnastics | | 3 | 8 | | |
| | | | | | | Zanesville Gym | | 3 | 14 | | |

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|------------------------|-------|------------|---------------|--|------------------------|-------|-------------------|--|
| Monday, March 1, 2021 | | | Session: S15 | | Open Warmup 10:30 AM | | March In 10:45 AM | |
| Level 3 | | | # Gymnasts 61 | | Timed Warmup 10:45 AM | | Awards 12:30 PM | |
| Flight A (21 gymnasts) | | | | | Flight B (40 gymnasts) | | | |
| Gym | Level | # Gymnasts | | | Gym | Level | # Gymnasts | |
| The Flip Zone | 3 | 14 | | | Cincinnati CGA | 3 | 21 | |
| TOPS | 3 | 7 | | | Michigan Elite | 3 | 14 | |
| | | | | | TOPS | 3 | 5 | |

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|------------------------|-------|------------|---------------|--|------------------------|-------|------------------|--|
| Monday, March 1, 2021 | | | Session: S16 | | Open Warmup 1:00 PM | | March In 1:15 PM | |
| Level 3 | | | # Gymnasts 63 | | Timed Warmup 1:15 PM | | Awards 3:00 PM | |
| Flight A (37 gymnasts) | | | | | Flight B (26 gymnasts) | | | |
| Gym | Level | # Gymnasts | | | Gym | Level | # Gymnasts | |
| GTC Rochester | 3 | 11 | | | GymTactics | 3 | 7 | |
| Perfection | 3 | 8 | | | PowerHouse | 3 | 12 | |
| TOPS | 3 | 5 | | | TOPS | 3 | 7 | |
| Tumble U Gymnastics | 3 | 13 | | | | | | |